



RZO ROS RSI
swiss Member of
swimming

Artistic Swimming Lugano

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Invitation to the
3rd Coppa del Sole
Synchronized Swimming Competition

Lugano, February 23, 2019,
Piscina Lido "Pallone", Via Foce 5





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Repubblica e Cantone Ticino
DECS
SWISSLOS



Città di Lugano

Dicastero Sport



INVITATION AND ANNOUNCEMENT

A) General Information

- Event** 3rd Artistic Swimming Competition „Coppa del Sole“
- Date** February 23, 2019
- Organizer** Regions RZO/ROS/RSI
- Local Organization** Lugano NPS, Artistic Swimming Lugano, in collaboration with RZO/ROS/RSI Swiss Swimming
- Chiefreferee** Jörg Vogt, SCDübendorf
E.mail:joerg_vogt@swissonline.ch
- Chiefrecorder** Marcella Capra
E-mail: boesa@hotmail.it
- Place** Indoor Pool “Piscina Lido Lugano Pallone” –
Via Foce 5
6900 Lugano
Dimensions of the pool: 50x25mt. Depth 2.00mt. (field of competition 25X25mt)
The pool is situated in an urban district of Lugano.
Accessible by public transport Bus No 2, 3, 11 and 12 “Palazzo Studi”. Walk along the river Cassarate up to the swimming pool entrance.



- Participation** The competition is open to all Swiss clubs and is held under the rules of the Swiss Swimming Federation.



Participation for Italian Clubs in the category G4 will be according to Italian directive.

Entries Not later than **Monday, February 11, 2019** with the official registration form of Swiss Artistic Swimming, Rule 6.2.1.
Registration for judges with the same form Rule 6.2.1 of Swiss Artistic Swimming also until Monday, February 11.

Entries have to be sent by e-mail to Carry Berendsen, Technical Director Artistic Swimming, Region RZO.
E-mail carry@math.ethz.ch.

Entry fees Solo: CHF 15.00 / Duet: CHF 25.00 / Team CHF 60.00.
Foreign clubs pay a single fee of CHF 30.00.
Upon receipt of the entry form, the participating clubs will receive an invoice from the RZO
The invoice can be paid to: Bank Thalwil, Gotthardstrasse 14, 8800 Thalwil / Switzerland
Account No.: CH69 0873 3016 2200 9530 1
Recipient: RZO Schweizerischer Schwimmverband

Withdrawal Possible until **Monday, February 18, 2019** without a fine but the registration fee is still due.
From Tuesday 19th, on a fine will be charged in the amount of the entry fee. In case of illness or accident, a medical certificate is required within at last three days after the competition. In this case the fine will not be collected, but the registration fee is still due.

Draw The draw of the order of appearance will be on **Monday, February 18, 2019** by the chief recorder. The starting lists will be sent to the participants by e-mail and will be published at the homepage rzo.swiss-swimming.ch.

Judges Each club must bring qualified judges according to the entries of the inscribed routine, i.e. level C or D in category G2, level D or E in categories G3, G4 and Amatoriale.

1-3 routines	1 judge + 1 F-Judge
4-6 routines	2 judges + 1 F-Judge
7-... routines	3 judges + 1 F-Judge

B) Technical information

Requirements

AGONISMO / COMPETITIVE

G2 (Jugend) Test 4 or above; year of birth from 2007 to 2003
G3 (Nachwuchs) Test 3 or above; year of birth from 2009 to 2006
G4 (Novizen) Test 0 to 2; year of birth 2008 or younger

In each category maximum 2 "non-quota" athletes are admitted:

G2: 2 athletes born 2003 or older
G3: 2 athletes born 2006 or older
G4: 2 athletes born 2008 or older

AMATORIALE / BREITENSPORT:

A No age and test requirements

Information for the valid licenses 2019 you find in rule 6.1 WR-AS Art. 5.1.1

Competition Events



The medal events are

- Category A: Solo, Duet/Trio, Team, Free Routine (100%),
- Category G2: Solo, Duet/Trio, Team, Free Routine (100%)
- Category G3: Solo, Duet/Trio, Team, Free Routine (100%)
- Category G4: Duet/Trio, Team, Free Routine (100%)

Music

We kindly ask the clubs to provide their routine musics until **Monday, February 19, 2019** at the following link:

<https://www.dropbox.com/request/nXPB3U5MEeH2MbmgiJG6>

(for any questions please contact (priority: miodrag.tanackovic@luganonuoto.ch; secondary: miodrag.tanackovic@tmsys.ch)

Please prepare your music as wav-file and not in mp3-format. This helps the quality of the music underwater and for the audience.

Please be sure to bring a reserve CD or USB with you, just in case that ☺

We kindly ask you to label each music file with the following information and in the following order.

- Name of the Club (with the abbreviations)
- Name of the competition,
- Category,
- Solo, Duett/Trio, Team
- Names of the swimmer(s).
F.e.: LUG, 19thCoppadelSole, G4, Duet, Names of the swimmers

Doping

According to regulations of the Swiss National Olympic Committee it is possible that doping control will take place at this competition.

Insurance

Is in the responsibility of the participants.

Prizes

Medals are given to first (GOLD), second (SILVER), third (BRONZE) and fourth (WOOD) places.

Snacks

Small snacks and drinks will be available at the buffett in the club headquarters just outside the pool.

Hotels

The hotel bookings need to be made by the clubs themselves directly with the hotels.

1. Hotel Pestalozzi, Piazza Indipendenza 9, 6900 Lugano
Tel. 091 / 921 46 46 Fax 091 / 922 20 45

2. Hotel Ibis, Via Geretta 10A, 6900 Lugano-Paradiso
Tel. 091 / 986 19 09 Fax 091 / 986 19 19

3. Hotel Montarina, Via Montarina 1, 6900 Lugano
Tel. 091 / 966 72 72



TENTATIVE PROGRAMME (subject to changes depending on the final entries)

08.45	Access to the pool
09.00-09.10	Judges meeting (rollcall only)
09.10-09.45	Teammanagers Meeting
09.10-09.45	Warm up Duet/Trio Free Routine G2, G3, G4, Amatoriale

10.00 Competition Duet/Trio Free Routine G4 – G3 – G2 – Amatoriale

10.50-12.20	Warm up Solo Free Routine G2, G3, G4, Amatoriale
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12.30 Competition Solo Free Routine G3 – G2 – Amatoriale

13.50 Award ceremony Duet/Trio and Solo Free Routine all Categories

14.00	Warm up Team Free Routine G2, G3, G4, Amatoriale 30 min Teams G4 and Amatoriale 30 min Teams G3 and G2
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15.10 Competition Team Free Routine G4 – G3 – G2 – Amatoriale

16.15 Award ceremony Team Free Routine G4-G3

16.30 End of Competition

Previews, news and results are available on our website
<http://www.luganonuoto.ch/sincro>

For further questions please contact:
Mrs. Claudia Conca Soldati, E-mail cconcasoldati@bluewin.ch
Mrs. Carry Berendsen, E-mail: carry@math.ethz.ch.

We are looking forward to welcoming you in Lugano.

With kind regards,
Lugano NPS, Artistic Swimming

Capo settore Artistic Swimming Lugano
Claudia Conca Soldati

Regionalverband RZO

Technische Direktorin
Carry Berendsen